



## **MyoLean Beef**

Naturally Raised Piedmontese Beef  
from the Rolling Hills of Northeast Nebraska

Raised without antibiotics or artificial growth hormones.

Dear Friend:

Year round we are ready to accommodate your orders for quarters, halves, or whole beef. Buying MyoLean Beef in bulk quantities is a great way to feed your family and save money while ordering premium beef cuts to your preference. Please review the following information.

### **Ordering by the Quarter, Half, or Whole Beef**

#### **Quarter**

Average weight:	175 to 215 lbs
MyoLean Price (per pound on total weight):	\$2.80
Average # lbs you receive in retail cuts:	125 to 140 lbs
Estimated processing and packing fee:	\$135 - \$160
Delivery:	\$45
<b>Estimated total cost:</b>	<b>\$670 - \$800</b>

#### **Half**

Average weight:	350 – 410 lbs
MyoLean Price (per pound on total weight):	\$2.75
Average # lbs you receive in retail cuts:	230 – 280 lbs
Estimated processing and packing fee:	\$215 - \$250
Delivery:	\$45
<b>Estimated total cost:</b>	<b>\$1220 - \$1425</b>

#### **Whole**

Average weight:	700 – 800 lbs
MyoLean Price (per pound on total weight):	\$2.65
Average # lbs you receive in retail cuts:	500 - 550 lbs
Estimated processing and packing fee:	\$430 - \$480
Delivery:	\$45
<b>Estimated total cost:</b>	<b>\$2330 - \$2650</b>

## **MyoLean Beef**

1202 Norfolk Ave, Norfolk, NE 68701 \* 402-580-2471

## **What you receive**

Following is an example of what may make up a half of beef. Halves, as well as quarters and whole beef, will vary in size. The following example is only an estimate of what may be available to you in ordering a half of beef.

## **Half Beef**

**(Approximately 375 lbs dressed weight)**

<b><u>Cut</u></b>	<b><u>Weight in lbs</u></b>
Ground Beef	100
Roast	50
Filet/Tenderloin	6
NY Strip Steak	10
Rib Steak	12
T-Bone Steak	16
Sirloin Steak	18
Flank Steak	3
Cubed Steak	15
Round Steak	15
Total Retail lbs	245

You may also wish to request other favorite cuts like brisket, short ribs, flat iron steaks, prime rib roasts, etc.

**To order MyoLean Beef by the quarter, half, or whole:  
Please contact Josh Moenning at 402-580-2471 or  
[myoleanpied@hotmail.com](mailto:myoleanpied@hotmail.com), or  
Dr. Larry Moenning in Norfolk at 402-750-5719.**

**Thank you for your business!**